

# OTHER OFFERS FROM THE VOLUNTARY SECTOR

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As part of Mindworks Surrey, the following support is also available.



## ASD SCHOOLS TRAINING

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**Category:** Neurodevelopment

**Description:**

**Schools Autism Training** – Learning Space offers free training on autism to all Surrey schools. It is a virtual offer in the form of a pre-recorded video lasting thirty minutes approximately. Schools can choose to watch the video in staff teams or share to staff to watch in their own time. This is accompanied by a booklet with further information and resources. This is followed by a question-and-answer session on Teams, to focus on any particular aspect of autism that is most relevant. We can offer more than one Q&A session, for different staff teams, for example. Our offer is designed to be the beginning of conversations and supportive relationships with Surrey schools. Our delivery team are highly qualified and experienced in autism and have a school-based background at leadership level.

**ADHD Awareness Training For The Whole School Community** – Barnardo's ADHD Awareness for Schools team can deliver free training virtually or in person to Surrey state school staff. This training increases the awareness that ADHD is a neurobiological condition as well as the common characteristics and includes strategies to help manage the characteristics in the classroom. The sessions are based on the content of the parenting support groups that are delivered by Barnardo's Surrey Positive Parenting Service. Session To book training, a representative of the school responsible for CPD or Inclusion/SEND should email the team to book training for all the school staff. Jennifer Cosgrave ADHD Awareness Trainer Catherine Sheppard ADHD Awareness Trainer [adhdawaresurrey@barnardos.org.uk](mailto:adhdawaresurrey@barnardos.org.uk)

**Partner:** Learning Space, Barnardo's, National Autistic Society

**Contact:** [emma@learningspace.org.uk](mailto:emma@learningspace.org.uk) or [surrey.familysupport@nas.org.uk](mailto:surrey.familysupport@nas.org.uk)

**Referral Info:** Referrals through the Access & Advice Team (0300 222 5755)

## ASD SOCIAL GROUPS FOR FAMILIES

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**Category:** Neurodevelopment

**Description:**

A selection of building based activities and outings for autistic children, young people & their families to come together in a safe, supportive environment, to develop their social skills, build peer networks and have fun!

These are family events, where parents and carers remain responsible for their children. It is not a short break.

A child or young person does not need to have a diagnosis of autism in order for them or their family to be able to access our services, they may instead have social and communication difficulties or autism traits identified by the child, parent, or supporting professionals.

**Partner:** Learning Space & National Autistic Society

**Contact:** [emma@learningspace.org.uk](mailto:emma@learningspace.org.uk) or [surrey.familysupport@nas.org.uk](mailto:surrey.familysupport@nas.org.uk)

**Referral Info:** Referrals through the Access & Advice Team (0300 222 5755)



# ASD NEURODEVELOPMENTAL OFFER

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**Category:** Neurodevelopment

**Description:**

**Stepping up for Autism Courses**

Courses for parents and carers of children and young people who are autistic or have autistic traits.

Topics covered include understanding autism, communication, visual supports, understanding & managing behaviour, sensory needs, social skills and puberty.

**ASD / ADHD Courses**

Courses for parents and carers of children and young people who have neurodevelopmental needs including autism and ADHD co-designed and delivered by NAS & Barnardos. These courses provide support to parents and carers to understand both conditions in relation to their child.

Ongoing one to one support is also available for families who attend the courses and are identified as having complex circumstances requiring additional support.

**Out of Hours Service**

An out of hours advice line for parents and carers who require urgent support, advice or guidance.

The out of hours line is accessed via a menu option that will be added to the SPA telephone number, and is in operation from 5pm-11pm, 365 days a year.

**Partner:** Barnardo's & National Autistic Society

**Referral Info:** Referrals through the Access & Advice Team (0300 222 5755)

# SURREY POSITIVE PARENTING SERVICES

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**Category:** Neurodevelopment

**Description:**

Surrey Positive Parenting Service – eight group sessions delivered by two ADHD specialists. The parenting programmes address challenges so that families can have a calmer and happier life.

The Nurture Programme covers understanding why children behave as they do, finding ways to develop self-discipline and co-operation in children, recognising the feelings behind behaviours, exploring different approaches to discipline.

The Parenting Factor Programme covers gaining confidence and skills when living with a child with ADHD, considering what it is like to be a child with ADHD. [surreypositiveparenting@barnardos.org.uk](mailto:surreypositiveparenting@barnardos.org.uk)

Surrey Positive Parenting Services provides:

- Parenting groups for parents whose children have ADHD traits and diagnoses
- One to one support for 20 parents unable to access groups
- Groups co-delivered with NAS for parents whose children have both ASD and ADHD
- Out of hours helpline for parents until 11.00pm 365 days per year
- School support on ADHD

**Partner:** Barnardo's

**Contact Info:** [surreypositiveparenting@barnardos.org.uk](mailto:surreypositiveparenting@barnardos.org.uk)

## CELEBRATING AND INSPIRING SERVICE

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**Category:** Neurodevelopment

**Description:**

Supporting Children who display challenging behaviours including impulsivity, hyperfocus, inattention and low self-esteem.

We work together to provide solution focussed sessions to successfully facilitate and deliver six school workshops over 6 weeks in a group setting. The groups are for up to 6 children. Our aim is to engage every student on a learning journey to help them thrive, hear their voice, explore their strengths, better their peer relationships, guide them to manage their emotions effectively, boost confidence, introduce tangible neurodevelopmental skills and strategies that can enable children to achieve their goals.

**Partner:** Barnardo's

**Contact Info:** [ADHDPOSITIVITY@barnardos.org.uk](mailto:ADHDPOSITIVITY@barnardos.org.uk)

**Referral Pathway:** This offer is for Primary & Secondary schools. They will need to provide:

- A referral for the school from your Primary Mental Health Worker .
- A safe, consistent space for us to deliver the groups.
- Parent consent for working with pupils
- A list of agreed pupils before we start and a summary of their behaviours/the school's concerns.
- A liaison person to discuss the children's progress with.
- A contact person to help with logistics around the school.
- The name of DSL to contact regarding any safeguarding issues.

## UNDERSTANDING AUTISM

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**Category:** Neurodevelopment

**Description:**

Understanding Autism – this course is designed for parents who are waiting for a diagnosis for their child or have a child with autistic traits and need help to understand some of their child's behaviours, explore strategies and meet other parents. Themes include what is autism, strengths and difficulties of children on the autistic spectrum, the impact on family life and school life and strategies for building levels of confidence and self-esteem and reducing anxiety.

The course consists of four 2.5 hour sessions with an accompanying booklet. There is opportunity for parents to bring their own issues for discussion. There is a virtual offer consisting of a video and booklet plus a one-hour group virtual question and answer session.

**Partner:** Learning Space

**Contact Info:** [emma@learningspace.org.uk](mailto:emma@learningspace.org.uk)

**Referral Info:** Referrals through A&A or CCT's







[surreywellbeing.org](http://surreywellbeing.org)